

If you or someone in your family is facing problems they just can't handle on their own, your Benefit Fund's Member Assistance Program can help.

Our multi-lingual and multi-cultural staff of trained social workers, counselors and other professionals is ready to help you and your family through any type of personal crisis – especially those that can put jobs in jeopardy.

You never need to worry about what others might say. Member Assistance services are completely confidential.

Behavioral Health and Substance Abuse

If you need medical help for behavioral health, or alcohol or substance abuse, we will work with the Benefit Fund's Managed Care program to get you the care you need, whether it's counseling, outpatient treatment or even an inpatient hospital stay.

All you need to do is make the call (646) 473-6900

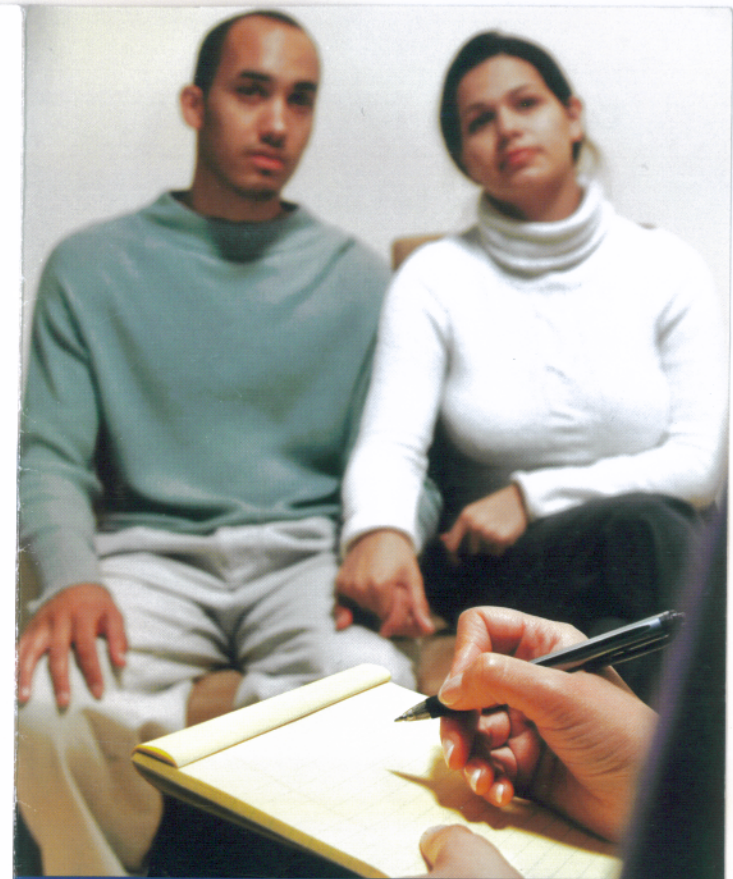


1199SEIU Funds
Benefit and Pension

Member Assistance Program
1199SEIU Benefit Funds
330 West 42nd Street
New York, NY 10036
(646) 473-6900

www.1199SEIUBenefits.org

This is not the official Summary Plan Description (SPD) of the 1199SEIU National Benefit Fund, the 1199SEIU Greater New York Benefit Fund or the 1199SEIU Benefit Fund for Home Care Employees. Please consult your SPD for a full description of your Fund benefits. In case of any conflict between this document and the SPD, the terms of the SPD shall govern.



Your Benefit Fund's
Member
Assistance
Program
Can Help!



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Counseling

Our social workers and counselors can put you back on the right path by helping you find counseling or referrals to programs for drug, alcohol or behavioral health issues.

Outpatient Care

You are covered for a combined annual total of 50 visits for outpatient mental health treatment. Co-payments will apply.



Inpatient Behavioral or Alcohol/Substance Abuse Treatment

If you need to be hospitalized, the Member Assistance Program will help to coordinate your care. You are covered for:

Behavioral Health:

- Medically necessary inpatient behavioral health treatment in an acute care hospital for a maximum of 30 days per calendar year.*

Alcohol/Substance Abuse:

- Inpatient detoxification: up to 7 days within a 12-month period, maximum twice per lifetime
- Inpatient rehabilitation: up to 30 days within a 12-month period, maximum twice per lifetime

** If you need emergency hospitalization you must contact 1199SEIU Care Review at (800) 227-9360 within 48 hours for approval.*

Other Social Services

Life is full of stresses that can be tough to handle on your own. Whether it is the loss of a job, marital problems or a family member's death or illness, our staff can help. Besides counseling and support, we can connect you with community resources that can help. We can also help you with other social services – for instance, connecting you and your family to alternate health coverage if you are in danger of losing yours.

Health, Mind and Body Workshops

Keep your mind and body fit with our emotional health and well-being workshops. Learn valuable coping techniques to manage life's stresses in a healthy way. For information about the workshop schedule, call the Member Assistance Program at (646) 473-6910 or email wellness@1199Funds.org. To let us know that you plan to attend a scheduled workshop, please call (646) 473-8960, option 2.

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